

Unlock Your Emotions:
A Journey with moodLog
- Track, Analyze, and
Elevate Your Mood with
IoT and AI!



Unlock Your Emotions

Discover the power of **moodLog**! This innovative tool combines **IoT** and **AI** to help you **track**, **analyze**, and **elevate** your mood. Join us on this exciting journey towards emotional well-being and self-discovery.



Understanding Emotions

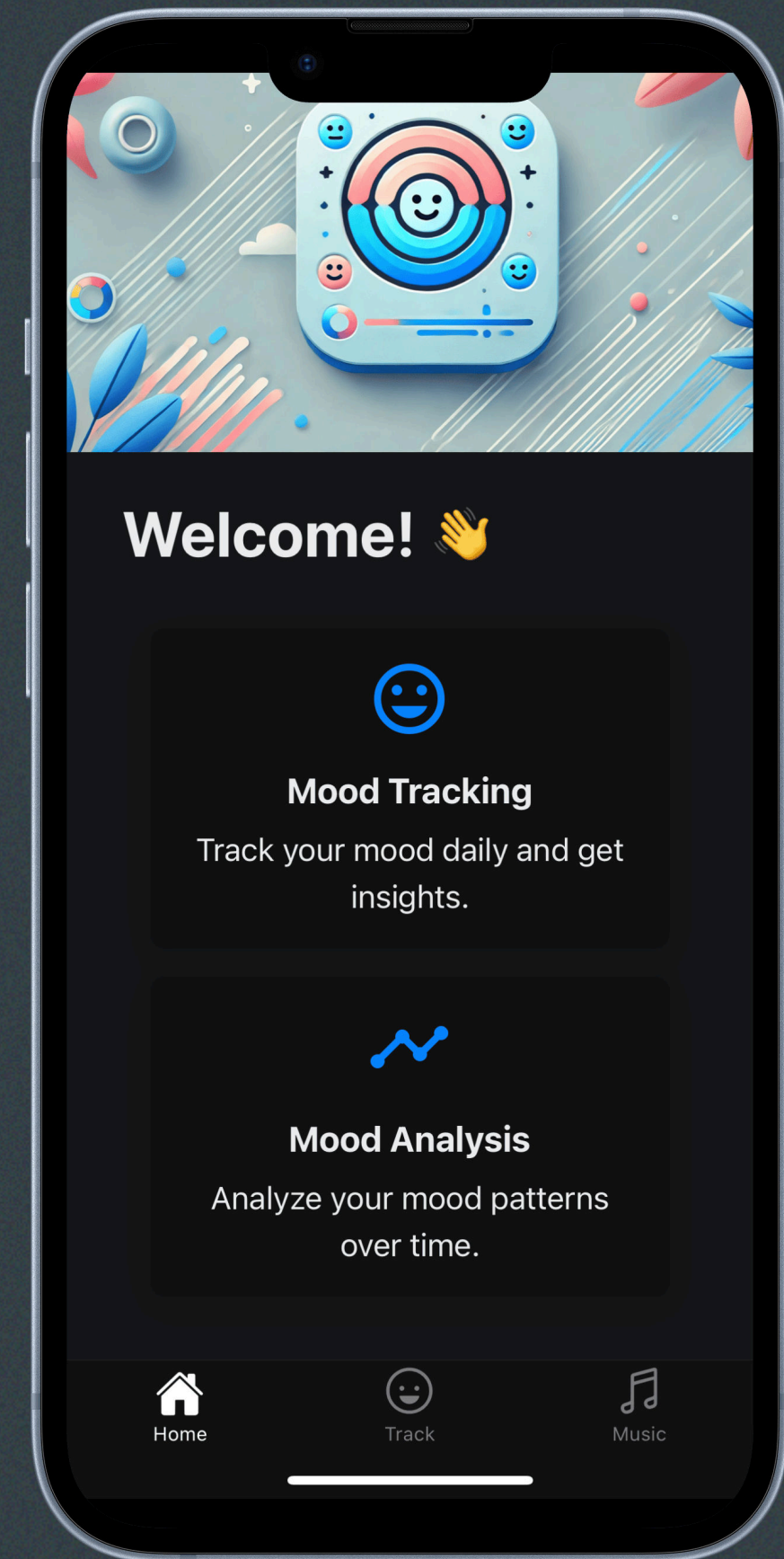


Emotions are **complex** and can greatly influence our **daily lives**. By understanding our feelings, we can improve our **mental health** and overall **well-being**. Let's dive deeper into the world of emotions and their significance.



What is moodLog? ←+

moodLog is a cutting-edge application that utilizes IoT and AI technologies to help you **monitor** your emotional state. It empowers you to take control of your feelings and provides insights for personal growth.



The Role of Wearable IoT



The Internet of Things (IoT) links devices that monitor environmental factors like body temperature and humidity. moodLog analyzes this data to predict emotional states, offering real-time feedback that enhances self-awareness and emotional regulation, enabling users to respond effectively to their moods.





AI-Powered Insights

By leveraging **Artificial Intelligence**, moodLog analyzes your mood patterns and offers **personalized** recommendations. This intelligent system learns from your data, helping you to **understand** triggers and make informed decisions.



Tracking Your Mood

With moodLog, tracking your mood is effortless—just click a button. Log your feelings, and the app handles the analysis. A wearable device continuously sends data via websocket, enhancing your emotional insights with real-time AI suggestions, helping you understand your mood patterns better.



The Lean Business model for moodLog



The HRS structure for moodLog

Name	moodLog
Purpose	Help users track, analyze, and elevate their moods using IoT and AI technologies.
Inputs	Wearable IoT Data (body temperature, humidity), User Inputs (manual mood logging), Historical Data (past mood logs and IoT data).
Outputs	Mood Reports (detailed analysis), Real-time Feedback (instant insights), Personalized Recommendations (AI-driven advice).
Functions	Mood Tracking (monitoring through IoT devices), Data Analysis (AI algorithms), Feedback and Recommendations (real-time insights), Historical Data Storage, User Interface (interactive app).
Performance	High accuracy in mood prediction, Real-time processing, High user engagement.
Manufacturing Cost	Hardware (wearable IoT devices), Software Development, Maintenance.
Physical Size/Weight	Compact and lightweight wearable device.



Accessing moodLog



1. Download the Expo Go App from the App Store or Play Store.
2. Scan the QR code displayed on the next slide.
3. Begin exploring and utilizing the Moodlog app features.



Scan this using your Expo Go app!



Alternatively you can also find
the link to the app here:

moodlog.harshalranjhani.in



Conclusion

Unlocking your emotions is a powerful journey with **moodLog**. By combining IoT and AI, we can track, analyze, and elevate our moods, leading to a more fulfilling life. Start your journey today!



Thanks!

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